

## Sussex County Cross Country League Final date-Saturday 12<sup>th</sup> February 2005, Lancing

### A Message from your Honorary Vice President

We have before us an ordeal of the most grievous kind. What is our policy? I will say that it is to wage war with all our might and with all the strength that God can give us, against a monstrous tyranny. The whole fury and might of the enemy will very soon be turned upon us. But let the tyrants fear. What is our aim? I answer in one word, victory-victory at all costs. Victory in spite of all terror, victory however long and hard the road may be; for without victory, there is no survival. We have nothing to offer but blood, toil, tears and sweat but I urge you to take up the task with buoyancy and hope. I place my chiefest strength and safeguard in the loyal hearts and goodwill of all Harriers. I come amongst you at this time, not for my recreation and disport, but being resolved in the midst and heat of battle to live and die amongst you all, to lay down for all Harriers, my honour and my blood in the mud, grime and dirt of Lancing.

At this time I feel entitled to claim the aid of all, and I say, "Come then, let us go forward together with our united strength." We shall not flag or fail. We shall go on to the end and never surrender. Let us brace ourselves to our duties, and so bear ourselves that, if the Hailsham Harriers last for a thousand years, men and women will stand and say, "This was their finest hour."

### Peccles

(With thanks to Winston Churchill, speaking to the House of Commons in 1940 and Elizabeth I, addressing her troops at Tilbury while awaiting the arrival of the Spanish Armada in 1588).

## East Sussex Cross Country League (Sundays)

### Race 6 – 6th March 2005 – Crowhurst Park



The start at Abbots Wood, 30th January 2005

### News from the USA

I did 3.27 at the Houston Marathon in my bid to do Boston in April. First O 50 and also won my age group (O 55). I hope to run Boston in a Harriers vest.

### Karen

**Newsletter Content (to be included the latest I need anything is the Last Thursday of the month before)**

Any results you have please help me to keep other members informed, if you would like anything to appear in the newsletter, tell me. I can be contacted on 01323 505869, or e-mail geoff.depper@hailsham-harriers.org.uk  
17 Frenchgate Close, Eastbourne BN22 9EX. *I will be at club nights only every other week with the kit.*



## NEWSLETTER FEBRUARY 2005

### Secretary's Scribbles

### Hailsham Harriers retain their Sussex Grand Prix Mens Title



At the Annual Sussex Grand Prix presentation at the Jack & Jill Pub at Clayton on the 26th January. Harriers Mens Senior and Veteran Mens Teams retained their Sussex Grand Prix Title for 2004 season.

Hailsham Mens Team have won the Sussex Title 10 times since 1994.

The overall title combined of the men and women's went to Phoenix AC.

Samantha Alvarez wins Sussex Grand Prix road racing title for a second time after winning it in 2002 and then her team mate

Gill Wheeler won it in 2003. A Hailsham lady has won this title every year since 1999.

Other winners were Guy Johnston 1st veteran V1, Paul Eccles 3rd V2, Michael Coupe 13th V1, Bill Fraser 3rd V3, Brian Winn 2nd V4, John Taylor 1st V6.



**Just a reminder Sue needs your menu choices before the 20th February for the annual Dinner and awards. so please send them as soon as possible with your remittance.**

The executive committee have chosen the award winners at their last meeting there were a lot of people in contention for each award and it was difficult as every body nominated deserved an award for their individual and team performances. I hope you all can attend because we have worked hard to put this on for you. were else can you have a meal with friends who have a common interest and be entertained by live music for a bargain price of £25.

Lets celebrate the award winners. If you received an award last year can you return the trophies to me at club nights.

Congratulations to everybody who collected an award at the Sussex Grand Prix Horsham Joggers have thrown down a challenge the reckon they are going to win every title this year so we need everybody no matter what your abilities to show them that we are the best.

Horsham 10K is on the 8th May and there is a new event in the SGP is the Bexhill 5k on the 27th July.

While we are on the subject of winners well done to the ladies team for their well earned Bronze Medal at The Sussex County Cross Country Championship Bexhill.

**A REMINDER WE NEED YOU TO TURN OUT AT LANCING  
for the final Sussex Cross Country on Sat 12th February.**

## Sussex Grand prix Individual position

### Men

|     |                    |       |    |    |      |    |
|-----|--------------------|-------|----|----|------|----|
| 5   | GUY JOHNSTON       | HAILS | V1 | 43 | 3960 | 12 |
| 11  | PAUL ECCLES        | HAILS | V2 | 45 | 3934 | 8  |
| 19  | PAUL HARRIS        | HAILS | S  | 25 | 3866 | 9  |
| 22  | PAUL PAYNE         | HAILS | S  | 29 | 3849 | 9  |
| 24  | MICHAEL COUPE      | HAILS | V1 | 44 | 3812 | 10 |
| 29  | WILLIAM FRASER     | HAILS | V3 | 51 | 3759 | 9  |
| 31  | BRIAN WINN         | HAILS | V4 | 56 | 3744 | 9  |
| 38  | ALLEN GRANT        | HAILS | S  | 38 | 3680 | 10 |
| 44  | JOHN TAYLOR        | HAILS | V5 | 64 | 3637 | 14 |
| 45  | SAM SHANTA         | HAILS | V2 | 49 | 3631 | 9  |
| 49  | COLIN BURGESS      | HAILS | V4 | 55 | 3582 | 9  |
| 75  | STEVE AVERY        | HAILS | S  | 39 | 3368 | 7  |
| 79  | NORMAN HARRIS      | HAILS | V4 | 57 | 3349 | 9  |
| 80  | KEVIN TYLER        | HAILS | S  | 30 | 3338 | 7  |
| 86  | NEIL GAUSDEN       | HAILS | V1 | 43 | 3289 | 8  |
| 99  | TONY ALSOP         | HAILS | V3 | 52 | 3200 | 12 |
| 134 | BRIAN STEVENS      | HAILS | V3 | 53 | 2384 | 6  |
| 139 | STEPHEN TUCKER     | HAILS | V2 | 48 | 2325 | 5  |
| 163 | DOUG CHANT         | HAILS | V1 | 44 | 1870 | 4  |
| 169 | MARC SEATTER       | HAILS | S  | 28 | 1817 | 4  |
| 176 | DON CURRIE         | HAILS | V1 | 40 | 1748 | 4  |
| 199 | RAYMOND VERRALL    | HAILS | V2 | 46 | 1486 | 4  |
| 205 | COLIN NEALE        | HAILS | V3 | 51 | 1456 | 4  |
| 208 | ANDREW FESSEY      | HAILS | V1 | 40 | 1439 | 3  |
| 223 | ANDREW RUFFELL     | HAILS | S  | 33 | 1356 | 3  |
| 249 | ALFREDO NOYA-LAMAS | HAILS | V4 | 55 | 1203 | 3  |
| 268 | ANDRES MORANT      | HAILS | V4 | 55 | 1034 | 3  |
| 269 | BEN WARREN         | HAILS | S  | 20 | 1000 | 2  |
| 288 | ALAN STREETER      | HAILS | V2 | 49 | 946  | 2  |
| 289 | GEOFF DEPPER       | HAILS | V2 | 49 | 938  | 2  |
| 304 | ROBERTO PROIETTI   | HAILS | V3 | 54 | 904  | 2  |
| 308 | ANDREW PAYNE       | HAILS | V1 | 42 | 890  | 2  |
| 331 | NICK PARSONS       | HAILS | S  | 38 | 827  | 2  |
| 359 | KEITH NOVIS        | HAILS | V3 | 50 | 776  | 2  |
| 403 | TERRY WINCHESTER   | HAILS | V3 | 54 | 683  | 2  |
| 422 | TODD LECKIE        | HAILS | S  | 16 | 491  | 1  |
| 425 | ANDREW EATON       | HAILS | V1 | 41 | 489  | 1  |
| 462 | MICHAEL HAFFENDEN  | HAILS | V2 | 46 | 458  | 1  |
| 482 | PETER PLOWMAN      | HAILS | V4 | 59 | 434  | 1  |
| 484 | GRAHAM PELLING     | HAILS | V3 | 52 | 433  | 1  |
| 489 | ROGER WOODWARD     | HAILS | V4 | 57 | 430  | 1  |
| 544 | NEIL PIPER-SMITH   | HAILS | V4 | 55 | 395  | 1  |
| 569 | MALCOLM HYDER      | HAILS | V2 | 48 | 374  | 1  |
| 577 | JIM HENNESSY       | HAILS | S  | 36 | 368  | 1  |
| 607 | ANDREW BRENCH      | HAILS | S  | 32 | 337  | 1  |
| 625 | TONY KEELEY        | HAILS | V3 | 50 | 311  | 1  |
| 637 | MARTIN CURCHER     | HAILS | S  | 38 | 301  | 1  |
| 650 | TIM DODD           | HAILS | V1 | 40 | 277  | 1  |

### Ladies

|     |                    |       |    |    |      |    |
|-----|--------------------|-------|----|----|------|----|
| 1   | SAMANTHA ALVAREZ   | HAILS | S  | 34 | 3994 | 12 |
| 46  | ELAINE ALSOP       | HAILS | V3 | 48 | 3539 | 10 |
| 50  | GILL WHEELER       | HAILS | S  | 30 | 3492 | 7  |
| 70  | SUE COOPER         | HAILS | V2 | 44 | 2608 | 6  |
| 79  | ALYSON SMITH       | HAILS | V2 | 43 | 2212 | 5  |
| 108 | CHARLOTTE SAUNDERS | HAILS | S  | 24 | 1498 | 3  |
| 133 | MARIA HILLMAN      | HAILS | S  | 32 | 1320 | 3  |
| 155 | JULIE CHICKEN      | HAILS | V2 | 43 | 968  | 2  |
| 163 | JANE BARLOW        | HAILS | V1 | 39 | 944  | 2  |
| 179 | SUE EATON          | HAILS | V5 | 56 | 904  | 2  |
| 206 | FRANCES DOE        | HAILS | V4 | 52 | 832  | 2  |
| 216 | KAREN BOWLER       | HAILS | V4 | 54 | 493  | 1  |
| 233 | LOUISE OGLE        | HAILS | V3 | 45 | 477  | 1  |
| 262 | MAGGI PRATT        | HAILS | V3 | 47 | 452  | 1  |
| 289 | KIRSTY TYLER       | HAILS | S  | 25 | 434  | 1  |
| 302 | JENNIFER PALMER    | HAILS | V5 | 59 | 426  | 1  |
| 330 | MARGARET WINTON    | HAILS | V4 | 54 | 398  | 1  |
| 350 | CAROL HUMPHREY     | HAILS | V2 | 44 | 368  | 1  |
| 351 | NINA TWONICKI      | HAILS | S  | 33 | 367  | 1  |

Pete Plowman  
below in the  
Dublin Marathon  
where he was  
second in his  
age group.



## Final Positions Sussex Grand Prix 2004

| Final Position | Club                 | Sum of Pos | Mens Position | Ladies Position | Last Position | Mens Points | Ladies Points | Total Points |
|----------------|----------------------|------------|---------------|-----------------|---------------|-------------|---------------|--------------|
| 1              | CROWBOROUGH RUNNERS  | 6          | 3             | 3               | 3             | 33620       | 19086         | 52706        |
| 2              | SEAFORD STRIDERS     | 6          | 2             | 4               | 4             | 36921       | 18718         | 55639        |
| 3              | HORSHAM JOGGERS      | 6          | 4             | 2               | 4             | 32946       | 19193         | 52139        |
| 4              | PHOENIX A.C.         | 7          | 6             | 1               | 6             | 32619       | 19301         | 51920        |
| 5              | HAILSHAM HARRIERS    | 9          | 1             | 8               | 8             | 37844       | 14547         | 52391        |
| 6              | HAYWARDS HEATH       | 10         | 5             | 5               | 5             | 32894       | 18299         | 51193        |
| 7              | HENFIELD JOGGERS     | 16         | 9             | 7               | 9             | 26594       | 17632         | 44226        |
| 8              | WADHURST RUNNERS     | 16         | 10            | 6               | 10            | 26181       | 17747         | 43928        |
| 9              | ARENA 80 A.C.        | 21         | 11            | 10              | 11            | 25032       | 12297         | 37329        |
| 10             | BRIGHTON & HOVE A.C. | 21         | 7             | 14              | 14            | 32282       | 9115          | 41397        |
| 11             | UTOPIA RUNNERS       | 24         | 12            | 12              | 12            | 22787       | 11751         | 34538        |
| 12             | BURGESS HILL RUNNERS | 24         | 13            | 11              | 13            | 20831       | 12238         | 33069        |
| 13             | HASTINGS RUNNERS     | 24         | 15            | 9               | 15            | 15552       | 12547         | 28099        |
| 14             | BRIGHTON HASH HOUSE  | 27         | 8             | 19              | 19            | 28751       | 5583          | 34334        |
| 15             | HEATHFIELD           | 31         | 18            | 13              | 18            | 11639       | 10653         | 22292        |
| 16             | WORTHING HARRIERS    | 33         | 17            | 16              | 17            | 12652       | 7540          | 20192        |
| 17             | BEXHILL RUNNERS      | 34         | 16            | 18              | 18            | 13090       | 6028          | 19118        |
| 18             | HASTINGS A.C.        | 34         | 19            | 15              | 19            | 9920        | 8777          | 18697        |
| 19             | LEWES A.C.           | 34         | 14            | 20              | 20            | 20223       | 3857          | 24080        |
| 20             | GORING ROAD RUNNERS  | 37         | 20            | 17              | 20            | 8744        | 7460          | 16204        |
| 21             | EASTBOURNE ROVERS    | 42         | 21            | 21              | 21            | 1940        | 0             | 1940         |

## Open letter from the Club Executive Committee

In response to a request that Scott Davidson could attend the club awards evening the committee feel we should clearly state the situation as it is.

At least three years ago Scott was handed a LIFETIME BAN for violent behaviour, both physical and verbal. This all happened over a period of time and warnings were issued, and every chance was given before we resorted to the final sanction.

The matter was discussed at A.G.M. and ratified. The committee that now serve is vastly different from the one that set this sanction but are as determined that one small issue that should be consigned to history will not be allowed to disrupt the harmony that the majority of our members enjoy.

As a successful club we want to concentrate on positive future planning and enhance our reputation as a friendly running club.

We formally request that you please respect the terms of the LIFETIME BAN and allow us not to reiterate this time and time again.

**Newhaven Peacehaven and Seaford Lion Club** invite you all to the:-

2005 half marathon in and around the beautiful Cuckmere Valley and the South Downs on June 5th 2005.

Full details and application form available at [www.npslions.co.uk](http://www.npslions.co.uk)