

HAILSHAM HARRIERS ANNUAL AWARDS DINNER

The Chatsworth Hotel

(Saturday) 4th March 2006

7.00pm for 7.30pm Start

PLEASE BRING A RAFFLE PRIZE

£25.50 Per person cheques payable to Hailsham Harriers

MENU

Tick desired options

Starters

Fanned Honey Dew Melon with Exotic Fruits

Pork & Green Peppercorn Pate served with Plum & Apple Sauce

Carrot & Coriander Soup

Main Course

Escalope of Turkey laid on a bed of Wild Rice and served with Mustard Wholegrain Sauce

Roasted Leg of Lamb served with a Redcurrant Jelly Tartlet and Mint Gravy

Poached Salmon Supreme with Dill Hollandaise Sauce

Green Peepers stuffed with Broccoli & Brie with cream sauce (Vegetarian option)

Dessert

Rich Chocolate Truffle Torte

Raspberry & Pistachio Crème Tart Served with Clotted Cream

Strawberry Sable (sable biscuit, strawberry cream & fresh strawberries)

Coffee and Mints

Please Complete one menu per person and return along with payment to Sue Chant 51 Broad Road Eastbourne BN20 9QT. Tel 488802

Live Music by Jez Bird
Plus other entertainment



NEWSLETTER January 2006

Turkey Trot 22nd December



15th January 2006 Grove Hill Mile

1 Mile Up Hill Handicap

Cover the mile the fastest to win

(race has been put back because of heavy race schedule in December).

New Road Hellingly 8.30am

Annual Awards Dinner Dance

4th March 2006

Chatsworth Hotel

Entertainment by Jez Bird

See menu Choices

Contact Sue Chant on 01323 488802



INTER COUNTIES X-COUNTRY SUFFOLK

On Saturday 10th December, I got chosen to run for Sussex. I had a fairly good run although I suffered from a football injury at the top of my leg. I came in 64th and over 80 took part in the race. The race was over 3k and was a good course. I was very disappointed with my position and felt I could of done better. Melissa Ruffell under 13's

BROOKS SUSSEX CROSS COUNTRY LEAGUE

Goodwood X-Country 18th October 2005 Race 1

Senior Men 1st Ben Warren 25.13, 23rd Paul Eccles 28..40, 24th Paul Payne 28.50, 35th Paul Harris 29.51, 36th Steve Avery 30.01, 40th Andy Fessey 30.09, 45th Andy Payne 30.34, 53rd Andy Ruffell 31.27, 78th Rob Hodson 33.07, 85th Roberto Proietti 33.26, 93rd Doug Chant 33.50.

Men's A team Div 1 were 3rd. Men's B Div 2 were 4th' Men's C Div 2 22nd. Vet's Men 3rd Senior Ladies 10th Samantha Alvarez 19.21, 30th Julie Toby 21.06, 40th Rosie McDermott 22.05, 45th Louise Ogle 22.24, 49th Julie Chicken 22.50, 54th Jane Barlow 23.12, 56th Maria Hillman 23.27, 73rd Marion Underhill 27.11 Ladies A 6th, Ladies B 14th, Under 13 Boy's 6th Aaron Capon 11.44, 17th Jago Leckie 12.31, 29th Johan Fessey 14.08, Team 4th. Under 13 Girls 4th Melissa Ruffell 12.57, 16th Madie Bridgewater 14.04, Team 5th.

Bexhill X-Country 26th November 2005

Senior Men 3rd Ben Warren 26.06, 30th Paul Eccles 30.02, 40th Paul Payne 31.05, 45th Andy Fessey 31.22, 46th Paul Harris 31.23, 57th Steve Avery 32.08, 59th Rob Hodson 32.16, 60th Andy Payne 32.18, 85th Andy Ruffell 34.10, 116th John Taylor 39.14, Men's A Div 1 5th, Men's B 10th, Vets Men 3rd. Senior Ladies 3rd Gill Wheeler 19.17, 30th Julia Toby 22.25, 36th Rosie McDermott 23.07, 39th Louise Ogle 23.43, 40th Jane Barlow 23.49, 43rd Julie Chicken 24.10, 44th Maria Hillman 24.21, 57th Maggi Pratt 27.41, 60th Marion Underdown 29.03. Ladies A 5th, Ladies B 11th, Ladies C 24th, Under 13 Boy's 10th Jago Leckie 12.07, 16th Ryan Elsbury 12.45, 23rd Johann Fessey 14.24, Team 5th. Under 13 Girls 6th Malissa Ruffell 12.38, Team 10th

Veterans X-Country Championships Denne Park Horsham 11th December 2005

Over 40's Men 7th Paul Eccles 37.07, 15th Andy Payne 38.38, 16th Andy Fessey 38.55, 18th Steve Avery 39.17, 39th Doug Chant 42.26, Team 4th. Over 50 Men 20th Roberto Proietti 42.17, 25th Brian Winn 43.00 Over 60 Men 4th John Taylor 45.18 Over 35 Ladies 4th Samantha Alvarez 26.45, 12th Julia Toby 29.15, 20th Sandra Butters 35.37. Over 45 Ladies 12th Julie Chicken 31.17

Sussex AAA

Brooks Sussex Cross Country League Fixtures

Saturday 14th January 2006 Race 3 Stanmer Park Brighton

Saturday 4th March 2006 Race 4 Lancing Manor Sports Centre Lancing

Time table

Under 13 Girls 3km 12.30 (3km,1.8miles)

Under 13 Boys 3km 12.45 (3km,1.8miles)

Under 15 Girls 4km 13.00 (4km,2.5miles)

Under 15 Boys 4.5km 13.20 (4.5km,2.8miles)

Under 17 Men 5km 13.40 (5km,3miles)

Under 17, U20, Senior, Veteran Women 5km 14.05 (5km,3miles)

Under 20, Senior, Veteran Men 8km 14.35 (8km,5miles)

We are in Division One and we need 6 men to score and 3 women to score.

It does not matter what ability you are, just come and get muddy.

Sussex Cross Country Championships

6th January 2006 Lancing Manor Sports Centre

If you wish to enter the County Championships please contact Club Captains Steve, Gill and Julie.

They need to get the entries in by the 28th December 2005.

The Entry fee is £3

Tel. Peccles on 01323 642866 Gill on 01323 728269

Crowborough 10k 4th December

Hailsham Ladies nearly achieved a 1,2,3 at Crowborough, Gill Wheeler won the race for the 3rd consecutive year and her team mates Sam Alvarez 2nd and Charlotte Saunders 4th. Charlotte was piped on the line for 3rd. But the Ladies came away with the Team prize. Ben Warren missed the start after doing a warm up lap of the course but still was the 1st Harrier home. I knew I was having a bad day but when Ben came past me at 3k I thought no he can't be a lap ahead of me surely! Do ug Chant.

Results 15th Ben Warren 37.51, 17th Paul Eccles 37.58, 18th Paul Payne 38.05, 23rd Gill Wheeler 39.29, 25th Steve Avery 39.42, 43rd Mick Coupe 41.20, 44th Samantha Alvarez 41.25, 45th Bill Fraser 41.34, 53rd Charlotte Saunders 42.05, 55th Brian Winn 42.27, 58th Allen Grant 43.10, 64th Doug Chant 44.04, 97th John Taylor 46.28, 135th Louise Ogle 48.28, 166th Neil Gausden 50.05, 170th Maria Hillman 50.16, 175th Jane Barlow 50.37, 183rd Nick Parsons 51.00

MINCE PIE

Seaford striders mince pie 11th December

11th Paul Payne 64mins 22sec, 30th Andy Ruffell 71:08, 116th Neil Gausden 83:45, 121st Allen Grant 84:46, Allen did run in a full santa's outfit.

Turkey Trot 22nd December

Name	Lapse Time	Handicap	Actual Time	Last year's Time
Rob Hodson	18.43	4	14.43	-
Julia Toby	18.57	2	16.57	-
Karen Bowler	19.06	2	17.06	-
Ben Streeter	19.19	3	16.19	16.59
Andy Ruffell	19.25	3.5	15.55	15.45
Chris Howarth	19.28	5	14.28	14.35
Sam Alvarez	19.29	4	15.29	15.41
Gill Wheeler	19.30	4.5	15.00	15.26
Bill Fraser	19.36	3.5	16.06	15.20
Ben Warren	19.43	6.5	13.13	-
Brian Winn	19.56	3	16.56	17.36
Alan Grant	19.56	3	16.56	16.42
Julie Chicken	20.03	1	19.03	18.34
Marc Seatter	20.06	3.5	16.36	-
Tom O' Shea	20.18	3	17.18	-
Norman Harris	20.20	1	19.20	19.29
Maria Hillman	20.53	2	18.53	-
Sandra Butters	20.55	1	19.55	-
Sue Cooper	21.24	0	21.24	23.40
Maggie Pratt	21.26	0	21.26	21.39
Ray Verrall	21.30	1	20.30	-
Tim Bowler	21.46	1	20.46	-
Sue Chant	24.06	0	24.06	-
Jackie Grant	24.08	0	24.08	-
Doug Chant	24.11	0	24.11	-



Florence Marathon 27th November

Roberto Proietti completed it in
3hrs 23min 22 sec

