



Hailsham Harriers

September 2007

Ovens and Chicken are the Harriers GP Track Champions

Points scored in the 7 rounds through the season were calculated with the best 6 of 7 to count towards the championship and Mike Ovens became the clear Mens winner with 117points from Andy Ruffell (106) and Dave Tyler (104).

The Ladies championship went to the wire with Julie Chicken holding off early series leader Annette Feakes by just one point (116 to 115) with consistent Sue Cooper holding onto third with 103 points. A great series which provided the following top six positions within each championship:

Final Grand Prix results:

Mens	1	Mike Ovens	117points
	2	Andy Ruffell	106
	3	Dave Tyler	104
	4	Jamie Tyler	96
	5	John Taylor	86
	6	Norman Harris	78
	7	Ben Streeter	74 points
	8	Dave Coulson	55
	9	Don Currie	40
	10	Alan Streeter	33
	11	Steve Gilkes	32
	12	Bob Garrard	26
	13	Ray Verrall	25
	14	Alfredo Noya Lamas	24
	15	Steve Avery	20
	16	Bill Fraser	16

Ladies	1	Julie Chicken	116points
	2	Annette Feakes	115
	3	Sue Cooper	103
	4	Lesley Delea	99
	5	Lesley Underdown	81
	6	Eleanor Ruffell	75
	7	Fiona Bugler	40
	8	Maggie Pratt	40
	9	Alyson Smith	34
	10	Maris Hillman (now Stewart)	19
	11	Mary Ann Harris	18
	12	Janet Jefferies	15



Well done to Ben and family for a superb Herstmonceux castle relays. 35 teams took part with Hastings Ac taking first place. Harriers A finished fourth. Full results on www.hailsham-harriers.org.uk

100M Track champs

.Harriers held the 100metres as the last of their summer track championship races at the Hailsham Sports College track and the weather conditions were ideal with little wind and some evening sunshine to greet the competitors.

Three races were held and points gained towards the overall championship and some exiting races ensued.

In the first race for ladies Julie Chicken stormed off at the gun and was the clear winner in 15.50secs from Alyson Smith who kept Annette Feakes at bay by .20 of a second to gain second place.

In race 2 Steve Gilkes was an impressive winner in 13.60secs from the chasing pack lead by Jamie Tyler 14.50secs and Andy Ruffell in 14.60secs.

The favourites were lined up in race 3 with 2 guest runners participating and true to form the long legs of Ben Streeter won the race in 12.00secs with brother Nathan as a guest chasing Ben home from a consistent Mike Ovens in third place.

Results

Race 1:

1	Julie Chicken	15.50secs
2	Alyson Smith	17.50secs
3	Annette Feaks	17.70secs
4	Lesley Underdown	17.90secs
5	Lesley Delea	18.60secs
6	Eleanor Ruffell	22.08secs

Race 2:

1	Steve Gilkes	13.60secs
2	Jamie Tyler	14.50secs
3	Andy Ruffell	14.60secs
4	Alfredo Noya Lamas	15.40secs
5	Norman Harris	17.49secs

Race 3:

1	Ben Streeter	12.00secs
2	Nathan (guest)	12.70secs
3	Mike Ovens	12.80secs
4	Tom (guest)	12.90secs
5	Dave Coulson	12.90secs
6	Don Currie	15.90secs

Francis Delves writes

Regarding the question in the august magazine about the sports alliance award in 1996 it was awarded to Libby Jones, Julie Chicken, Chris Baitup and myself, my name then was Frances Diprose for winning the overall ladies section in the Grand Prix, I think I am right but you could check with Julie.

Regards



Frances Delves

Well done to Frances Delves and Leslie Underdown who won their categories at the Heathfield 10k.

Ovens triumphs in Round 6

The Harriers 200metres club championships were for a change held in good weather and produced some exciting racing at the Hailsham College track.

Three races were held with points scored towards the overall championship with just the 100metres to complete the series.

Race 1 saw Ben Streeter hold off his brother Nathan (running as a guest) with Tom (another guest) coming in third. Bens time was a credible 27.06secs but the fastest time of the night was produced in Race 2 by Mike Ovens in 26.78secs who held off a strong challenge by Dave Coulson who is improving in each race after injury.

Race 3 Julie Chicken was the fastest lady of the evening with Annette Feakes the current series leader absent from this event.

Results were as follows:

Race 1

1st	Ben Streeter	27.06secs	
2nd	Nathan Streeter	27.09secs	(guest)
3rd	Tom	28.34secs	(guest)
4th	Dave Tyler	31.03secs	
5th	Andy Ruffell	31.81secs	

Race 2

1st	Mike Ovens	26.78secs
2nd	Dave Coulson	27.69secs
3rd	Jamie Tyler	30.50secs
4th	Don Currie	34.50secs
5th	John Taylor	40.50secs



Race 3 (Ladies)

1st	Julie Chicken	34.02secs
2nd	Lesley Underdown	37.37secs
3rd	Lesley Delea	41.12secs
4th	Sue Cooper	43.37secs
5th	Eleanor Ruffell	52.84secs

With the best of 6 events to count and only one more event to come the championship positions are very tight at the top with Dave Tyler still holding off Mike Ovens in the mens and a battle to the wire in the ladies between Julie Chicken and Annette Feakes."



Midhurst 10k
and County
champs.
 Paul and Bill lead
 the group.

Harriers hit the 5k prom

Hailsham Harriers had 20 runners participating in the second of the Bexhill Seafront series of races known as the Three Little Pigs during the evening of 25 July.

323 runners completed the two lap course which was flat along to Glyn Gap but although there was a head wind to contend with the forecast for rain thankfully held off.

This particular race formed part of the Sussex Road Race Grand Prix and the standard at this shortish distance was very high.

First home for Harriers in 14th place was Paul Eccles followed by Paul Payne (18th) and Andy Fessey (21st) and the ladies were lead home by Fiona Bulger (70th) followed by Annette Feakes (113th) and a great return to racing from Frances Delves in (146th).

The race overall was won by Lee Emmanuel from the City of Sheffield in a time of 15mins 42secs and the ladies event by Sarah Wigmore of Horsham Blue Star Harriers in 18mins 33secs (27th overall).

Harriers results were as follows:

14th	Paul Eccles	17mins 55secs	18th	Paul Payne	18mins 03secs
21st	Andy Fessey	18mins 09secs	45th	Mike Ovens	19mins 15secs
49th	Bill Fraser	19mins 20secs	56th	Dave Coulson	19mins 26secs
63rd	Simeon Swift	19mins 43secs	70th	Fiona Bulger	19mins 57secs
85th	Colin Sandry	20mins 32secs	89th	Neil Gausden	20mins 37secs
102nd	Stephen Webb	20mins 55secs	108th	Roberto Proietti	21mins 03secs
113th	Annette Feakes	21mins 17secs	137th	John Taylor	22mins 23secs
139th	Norman Harriis	22mins 25secs	146th	Frances Delves	22mins 49secs
229th	Lesley Underdown	27mins 01secs	248th	Lesley Delea	27mins 52secs
272nd	Janet Jeffries	29mins 06secs	307th	Carol Humphrey	32mins 21secs"